



BOBCAT ORIENTATION



Mapping the First Weeks

Prior to Term: Important Steps

- ☐ [Financial Aid](#)
- ☐ [Class Schedule](#) (via Bobcat web)
- ☐ [Books](#)
- ☐ [Get Tech-Ready](#)
- ☐ [COCC email account](#)
- ☐ [Microsoft Office 365](#) (free!)

Week 1: Self-Management

A Growth Mindset understands it will not be easy and asks for support. Fill out your success team for the term and focus on implementing the behaviors listed below immediately.

Course	Instructor	"Office" Hours (add to schedule!)

Support Service	Staff	Phone Number

Commit to the following behaviors from the first class and beyond:

- ☐ Preview course syllabus - make notes and questions for the instructor before class
- ☐ ALWAYS attend classes! Confirm the attendance policy in each of your classes
- ☐ Adjust weekly schedule to include before and after-class prep plus instructor "office" hours
- ☐ Adjust your surroundings to ensure you have a good online/remote learning environment (study area, quiet coffee shop, etc.)
- ☐ Set up a routine for checking your COCC email & Blackboard, and study times
- ☐ Ensure that your schedule includes time needed for family, partner, friends and other personal commitments
- ☐ During week one, I really need to focus on: _____

Week 2: Success Takes Effort

A Growth Mindset understands that learning will take place as our brains change we challenge ourselves. Commit to and implement these behaviors and actions:

- ☐ Prepare for weekly class assignments and discussion BEFORE class (schedule it!)
- ☐ Map your first quarter in a calendar (use your syllabus for dates on exams, projects, etc.)
- ☐ Prepare two or more drafts of an assignment before turning it in
- ☐ Ask questions and contribute to class discussions
- ☐ Identify students in your course to form a study group
- ☐ Communicate with your instructor if you have questions or concerns

Week 3: Use COCC Resources

By week three, you are a current college student with a Growth Mindset and understand that effort and persistence is key. You have embedded these services into your schedule at the frequency you need for consistent learning:

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| ☐ Computer Labs – they are open! | ☐ Instructor “Office” Hours |
| ☐ Online Tutoring including Math | ☐ Library Online and Pick-up |
| ☐ Personal Counseling | ☐ Academic Advising |
| ☐ Career Services | ☐ Writing Center via Zoom |

Ongoing Self-Assessment

At the end of the first three weeks of the term, assess yourself and the efforts you are taking to learn and make changes. The term goes by fast, so take time each week for constant growth and use breaks in between terms as a time to relax, reflect and adjust.

Before the Term Ends...

- ☐ Meet with your advisor to plan for your next term
- ☐ Reflect on how much you have learned
- ☐ Get connected on campus! Did you know some COCC clubs are meeting virtually?