

## CENTRAL OREGON BOBCAT ORIENTATION



## Mapping the First Three Weeks

Prior to	Term: Important St	eps				
	Financial Aid	□ Class Schedule (via Bobcat web)		□ <u>Books</u>		
☐ Get Tech-Ready		□ COCC email account		□ Office 365 (free!)		
Week 1: Self-Management						
A Growth Mindset understands that college will be challenging, and asks for support. Fill out your						
success t	eam for the term and foc	us on implementing the behave	viors listed below	immediately.		
Course		Instructor	"Office" Hours	(add to schedule!)		
			-			
Support Service		Staff	Phone Number			
Commit to	•	from the first class and beyor				
	Preview course syllabi - make notes and questions for each instructor before class					
	ALWAYS attend classes! Confirm the attendance policy in <u>each</u> of your classes					
	Adjust weekly schedule to include before and after-class prep plus instructor office hours					
	For online/remote classes, adjust your surroundings to ensure you have a good learning environment (study area, quiet coffee shop, etc.)					
	Set up a routine for checking your COCC email & Canvas, and study times					
	Ensure that your schedule includes time needed for family, partner, friends and other personal commitments					
	During week one, I really need to focus on:					

## Week 2: Success Takes Effort

A Growth Mindset understands that learning will take place as change. Commit to and implement these behaviors and action	S .			
<ul> <li>□ Prepare for weekly class assignments and discussion</li> <li>□ Map your first quarter in a calendar (use your syllabus)</li> <li>□ Prepare two or more drafts of an assignment before</li> <li>□ Ask questions and contribute to class discussions</li> <li>□ Identify students in your course to form a study ground</li> <li>□ Communicate with your instructor if you have question</li> </ul>	s for dates on exams, projects, etc.) turning it in			
Week 3: Use COCC Resources				
By week three, you'll be a college student with a Growth Mindset and you'll understand that effort and persistence is key. You will have embedded these services into your schedule at the frequency you need for consistent learning:				
☐ Computer Labs – on each campus!	☐ Instructor Office Hours			
☐ <u>Tutoring</u> – including Math	Barber Library			
<ul><li>□ Personal Counseling</li><li>□ Career Services</li></ul>	<ul><li>☐ Academic Advising</li><li>☐ Writing Center</li></ul>			
Ongoing Self-Assessment				
At the end of the first three weeks of the term, assess yoursel and make changes. The term goes by fast, so take time each in between terms as a time to relax, reflect and adjust.	•			
Before the Term Ends  ☐ Meet with your advisor to plan for your next term ☐ Reflect on how much you have learned				
☐ Get connected on campus – COCC clubs are meeting	ng in person and virtually!			